

Jet Smart

When traveling from coast to coast (or continent to continent!), there are some things a girl just can't leave home without. **Amanda Hearst** spills the deets on her best travel companions.

This summer I'll be heading to Dubai; to Wynton, our family house in California; and to Rome for wedding. Here are the items I wouldn't even think of traveling without!

1. T. Anthony luggage in red: In the past, I always bought black luggage because I thought it wouldn't show dirt during travel; however, it was virtually impossible to distinguish my bags from all the others. Now I stick to my red T. Anthony set—the pieces look so chic together, plus I can immediately spot my bags on the luggage carousel.

2. Kiehl's Crème de Corps body lotion: I generally have pretty dry skin, but traveling (especially flying) makes it much worse, so I always keep a mini Kiehl's Crème de Corps body lotion (\$20.50) in my carry-on.

3. Laura Mercier Tinted Moisturizer in sand: After a long flight, I can look pretty awful! I like to put some Laura Mercier Tinted Moisturizer (\$40) on my face before I get off the plane; it adds a little natural color without clogging my pores.

4. Kai Perfume Oil: Too many times I've opened my suitcase to find that my perfume has broken and spilled over all my clothing. Now I carry a sample-size Kai Perfume Oil (\$45) in my purse—it's just the right amount, never breaks, and won't spill because it's a roll-on!

5. Black Manolo Blahnik patent leather pumps: Shoes can take up so much space in a suitcase, so I'll generally bring only two or three pairs. But my black patent leather pumps (\$515) always make the trip. They go with everything for evening, plus they're waterproof and can handle a lot of different climates.

6. Bobbi Brown Neutral Lip and Eye Palette: This is *perfect* for traveling because the pocket-size case (\$50) condenses most of the makeup items I need, saving lots of space in my suitcase.

7. Lancôme Soleil Flash Bronzer for Legs: Apply this self-tanner (\$28.50) a few hours before you put on your bikini, so you won't stand out like a sore thumb on the beach with your pale skin. But be careful—self-tanner doesn't have SPF, so you need to apply a sunscreen (I've made this mistake too many times!)

8. *The Weather Makers* by Tim Flannery: Global warming is a terrifying phenomenon that is only going to become more threatening as time progresses. *The Weather Makers* (Atlantic; \$24) explains (without using complicated scientific language) how global warming occurs and, more important, reveals how we all can help stop the process.

9. Chanel gold clip-on earrings: I bought a great pair of Chanel earrings last summer at Out of the Closet, the vintage store in Bridgehampton (2401 Main Street, 537-2470), and they've quickly become one of my staples. They go with every outfit, casual or fancy, and weren't too expensive, so I won't have a heart attack if I lose them.

10. John Frieda Frizz-Ease Hair Serum: Instead of lugging blow dryers and flattening my hair around, I opt to bring a little bottle of Frizz-Ease (\$10) so I can wear my hair au naturel, without looking fly-away. **H**



THE WEATHER MAKERS

TIM FLANNERY
"It would be hard to imagine a better or more important book."
BILL BRYSON